

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:4, starttime: 14:37
Heat: 4/10 Lane : 1 Athlete: CORTEN ELENA					Q-time: 01:34:15
PB (25m pool): 01:34.15 Mol 04/10/2026					PB (50m pool): 01:32.74 SB: 01:34.15 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.21		01:34.15	
	00:43.21		00:50.94		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:5, starttime: 14:39
Heat: 5/10 Lane : 4 Athlete: DE WIT FLORE					Q-time: 01:31:49
PB (25m pool): 01:31.49 Mol 04/10/2026					PB (50m pool): 01:34.27 SB: 01:31.49 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.10		01:31.49	
	00:43.10		00:48.39		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:6, starttime: 14:41
Heat: 6/10 Lane : 5 Athlete: VANDENVEN SAAR					Q-time: 01:30:47
PB (25m pool): 01:30.47 Mol 04/10/2026					PB (50m pool): 01:31.32 SB: 01:30.47 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.43		01:30.47	
	00:42.43		00:48.04		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:8, starttime: 14:45
Heat: 8/10 Lane : 3 Athlete: SCHOOF ELISE					Q-time: 01:26:77
PB (25m pool): 01:26.77 Mol 04/10/2026					PB (50m pool): 01:33.05 SB: 01:26.77 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.13		01:26.77	
	00:41.13		00:45.64		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:1, starttime: 14:51
Heat: 1/10 Lane : 5 Athlete: VERSCHEURE LARS					Q-time: 01:42:90
PB (25m pool): 01:42.90 Nijlen 16/11/2025					PB (50m pool): 01:47.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.61		01:42.90	
	00:48.61		00:54.29		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 14:55
Heat: 3/10 Lane : 4 Athlete: EGGERMONT OLIVER					Q-time: 01:37:11
PB (25m pool): 01:37.11 Mol 04/10/2026					PB (50m pool): 01:39.41 SB: 01:37.11 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.76		01:37.11	
	00:45.76		00:51.35		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:3, starttime: 14:55
Heat: 3/10 Lane : 7 Athlete: BOGAERT ISAAC					Q-time: 01:38:91
PB (25m pool): 01:45.88 Nijlen 16/11/2025					PB (50m pool): 01:38.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.74		01:45.88	
	00:49.74		00:56.14		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:5, starttime: 15:00
Heat: 5/10 Lane : 6 Athlete: TSERING WANGCHUK LHAKSAM					Q-time: 01:33:47
PB (25m pool): 01:33.47 Mol 04/10/2026					PB (50m pool): 01:40.40 SB: 01:33.47 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.60		01:33.47	
	00:44.60		00:48.87		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:7, starttime: 15:04
Heat: 7/10 Lane : 3 Athlete: MICHELIS VINCE					Q-time: 01:30:11
PB (25m pool): 01:30.11 Mol 04/10/2026					PB (50m pool): 01:35.71 SB: 01:30.11 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.70		01:30.11	
	00:41.70		00:48.41		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:7, starttime: 15:04
Heat: 7/10 Lane : 4 Athlete: ROOSEN MATHIJS					Q-time: 01:29:12
PB (25m pool): 01:29.12 Mol 04/10/2026					PB (50m pool): 01:33.57 SB: 01:29.12 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.05		01:29.12	
	00:42.05		00:47.07		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:10, starttime: 15:10
Heat: 10/10 Lane : 6 Athlete: LENAERTS JOPPE					Q-time: 01:21:90
PB (25m pool): 01:21.90 Mol 04/10/2026					PB (50m pool): 01:25.00 SB: 01:21.90 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.08		01:21.90	
	00:38.08		00:43.82		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:5, starttime: 15:20
Heat: 5/5 Lane : 4 Athlete: LEPAGE AMÉLIE					Q-time: 01:10:96
PB (25m pool): 01:10.96 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:13.42 SB: 01:13.47 Mol 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.75		01:10.96	
	00:32.75		00:38.21		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:3, starttime: 15:26
Heat: 3/4 Lane : 1 Athlete: DA SILVA CAMARATE SHAWN					Q-time: 01:14:23
PB (25m pool): 01:14.23 Mol 04/10/2026 PB (50m pool): 01:17.12 SB: 01:14.23 Mol 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.32		01:14.23	
	00:34.32		00:39.91		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14					Heat:2, starttime: 15:33			
Heat: 2/5 Lane : 2 Athlete: BAHLOULA ANISSA					Q-time: 02:23:82			
PB (25m pool): 02:23.82 Kapellen 30/05/2026 PB (50m pool): 02:25.79 SB: 02:26.69 Mol 04/10/2026								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.25		01:10.35		no time		02:23.82
	00:33.25		00:37.10					
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:2, starttime: 16:05			
Heat: 2/10 Lane : 7 Athlete: VANDENVEN SAAR					Q-time: 01:25:58			
PB (25m pool): 01:25.58 Mol 04/10/2026 PB (50m pool): 01:26.18 SB: 01:25.58 Mol 04/10/2026								
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:40.22		01:25.58				
	00:40.22		00:45.36					
								

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:4, starttime: 16:10
Heat: 4/10 Lane : 5 Athlete: SCHOofs ELISE					Q-time: 01:21:72
PB (25m pool): 01:21.72 Mol 04/10/2026			PB (50m pool): 01:28.48 SB: 01:21.72 Mol 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.65		01:21.72	
	00:39.65		00:42.07		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:5, starttime: 16:12
Heat: 5/10 Lane : 2 Athlete: DE WIT FLORE					Q-time: 01:21:27
PB (25m pool): 01:21.27 LAGO Zwevegem 25/05/2026			PB (50m pool): 01:22.41 SB: 01:22.25 Mol 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.09		01:21.27	
	00:40.09		00:41.18		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:6, starttime: 16:14
Heat: 6/10 Lane : 3 Athlete: CORTEN ELENA					Q-time: 01:19:57
PB (25m pool): 01:19.57 Mol 04/10/2026			PB (50m pool): 01:22.70 SB: 01:19.57 Mol 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.71		01:19.57	
	00:38.71		00:40.86		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:1, starttime: 16:26
Heat: 1/10 Lane : 2 Athlete: BOGAERT ISAAC					Q-time: 01:32:23
PB (25m pool): 01:38.30 Aartselaar 01/11/2025			PB (50m pool): 01:32.23 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.59		01:38.30	
	00:47.59		00:50.71		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:1, starttime: 16:26
Heat: 1/10 Lane : 5 Athlete: VERSCHEURE LARS					Q-time: 01:26:83
PB (25m pool): 01:27.41 Nijlen 16/11/2025					PB (50m pool): 01:26.83 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.98		01:27.41	
	00:41.98		00:45.43		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:2, starttime: 16:28
Heat: 2/10 Lane : 1 Athlete: MICHELIS VINCE					Q-time: 01:26:49
PB (25m pool): 01:26.49 Mol 04/10/2026					PB (50m pool): 01:27.97 SB: 01:26.49 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.63		01:26.49	
	00:42.63		00:43.86		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:4, starttime: 16:33
Heat: 4/10 Lane : 1 Athlete: EGGERMONT OLIVER					Q-time: 01:22:56
PB (25m pool): 01:22.56 Kapellen 30/05/2026					PB (50m pool): 01:23.77 SB: 01:23.00 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.32		01:22.56	
	00:40.32		00:42.24		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:4, starttime: 16:33
Heat: 4/10 Lane : 7 Athlete: ROOSEN MATHIJS					Q-time: 01:22:26
PB (25m pool): 01:22.26 Mol 04/10/2026					PB (50m pool): 01:22.35 SB: 01:22.26 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.40		01:22.26	
	00:39.40		00:42.86		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:7, starttime: 16:40
Heat: 7/10 Lane : 5 Athlete: LENAERTS JOPPE					Q-time: 01:18:07
PB (25m pool): 01:18.07 Mol 04/10/2026					PB (50m pool): 01:20.55 SB: 01:18.07 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.26		01:18.07	
	00:37.26		00:40.81		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:7, starttime: 16:40
Heat: 7/10 Lane : 6 Athlete: TSERING WANGCHUK LHAKSAM					Q-time: 01:18:45
PB (25m pool): 01:18.45 Mol 04/10/2026					PB (50m pool): 01:24.93 SB: 01:18.45 Mol 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.43		01:18.45	
	00:38.43		00:40.02		
					

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16					Heat:2, starttime: 16:53			
Heat: 2/4 Lane : 4 Athlete: VAN DEN BOSCH ELISE					Q-time: 02:29:93			
PB (25m pool): 02:29.93 Kapellen 30/05/2026					PB (50m pool): 02:38.72 SB: 02:35.52 Mol 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.35		01:12.47		no time		02:29.93
	00:35.35		00:37.12					
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16					Heat:3, starttime: 17:11			
Heat: 3/4 Lane : 8 Athlete: VAN CAMPFORT NICOLAS					Q-time: 02:22:40			
PB (25m pool): 02:22.40 Eeklo 06/04/2026					PB (50m pool): 02:25.99 SB: 02:22.76 Mol 04/10/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.88		01:09.62		no time		02:22.40
	00:32.88		00:36.74					
								

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: BRABO

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:4, starttime: 17:14	
Heat: 4/4 Lane : 4 Athlete: VOLDERS ARNE							Q-time: 02:03:82	
PB (25m pool): 02:03.82 Gent 09/11/2025				PB (50m pool): 02:10.01SB: 02:05.64 Aachen 11/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.47		00:59.39		01:31.78		02:03.82
	00:28.47		00:30.92		00:32.39		00:32.04	
								

Coach feedback:

Event number: 49: 50M BUTTERFLY WOMEN 13-14							Heat:4, starttime: 17:20		
Heat: 4/4 Lane : 2 Athlete: VERED TATUM							Q-time: 00:30:46		
PB (25m pool): 31.93 CB Relais BK estafettes 19/09/2026				PB (50m pool): 32.90 SB: 31.93 CB Relais BK estafettes 19/09/2026					
	2 5 M		5 0 M						
PB			31.93						
	31.93								
									

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14										Heat:2, starttime: 17:23	
Heat: 2/3 Lane : 8 Athlete: STEPANOV IVAN										Q-time: 00:31:27	
PB (25m pool): 00:31.27 Mol 04/10/2026					PB (50m pool): 00:33.18SB: 00:31.27 Mol 04/10/2026						
	2 5 M		5 0 M								
PB			00:31.27								
	00:31.27										
											

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14										Heat:3, starttime: 17:24	
Heat: 3/3 Lane : 5 Athlete: BORKOVSKYI MARK										Q-time: 00:28:16	
PB (25m pool): 00:28.16 Mol 04/10/2026					PB (50m pool): 00:30.07SB: 00:28.16 Mol 04/10/2026						
	2 5 M		5 0 M								
PB			00:28.16								
	00:28.16										
											

Coach feedback: